

Xmas Timetable

	Wed 24th December	Thur 25th December	Fri 26th December	Sat 27th December	Sun 28th December	Mon 29th December	Tues 30th December	Wed 31st December	Thurs 1st January
National Squad	8am-10.00am. (Land 10-11am)	N	N	8am - 10.00am (Land 10-11am)		8am-10.00am. (Land 10-11am)	8am-10.00am	8am-9.30am	N
Regional Squad	8am-10.00am. (Land 10-11am)	O	O	8am - 10.00am. (Land 10-11am)		8am-10.00am. (Land 10-11am)	8am-10.00am	8am-9.30am	O
County Squad	8am-10.00am. (Land 10-11am)			8am - 10.00am. (Land 10-11am)	2.00-3.30pm			9.30-11.00am	
Dev Squad	10-11.00am. (Land 9-10am)	T	T		2.00-3.30pm	10-11.00am		9.30-11.00M	T
Skills 2 Squad		R	R		1.30-2.30pm		10-11.00am		R
Skills 1		A	A		1.30-2.30pm				A
Para	10-11.00am (wo). (Land 9-10am)	I	I	10-11.00am (to)	12.30-2.00pm (Land 11.30-12.30pm)	10-11.00am		9.30-11.00m	I
Masters		N	N	10-11.00am		10-11.00am	9am-11.00am		N
Youth Dev	10-11.00am				12.30-1.30pm				
Start Para / Orca					12.30-1.30pm				
	(Wo) - Wed para swimmers only			(To) - Thursday para swimmers only					